

Jane Thomas Pilates Matwork Summer Timetable 2019 — Key: Sue — Tanya — Jane — Cara — Anna — Mary — Jenny — Gem — Traudi

	Week 1 — beg 8 Jul	Week 2 — beg 15 Jul	Week 3 — beg 22 Jul	Week 4 — beg 29 Jul	Week 5 — beg 5 Aug	Week 6 — beg 12 Aug	Week 7 — beg 19 Aug	Week 8 — beg 26 Aug	
Monday QVH 9.15am max 16	✓	✓	✓	✓	☐	☐	☐		Bank Holiday
Monday QVH 10.30am max 16	✓	✓	✓	✓	☐	☐	☐		Bank Holiday
Monday QVH 11.45am max 16	✓	✓	✓	✓	☐	☐	☐		Bank Holiday
Monday SGSC 9.30am max 12	✓	✓	☐	☐	✓	✓	☐		Bank Holiday
Monday SGSC 10.30am max 12	✓	✓	☐	☐	✓	✓	☐		Bank Holiday
Monday RSMC 5pm max 16	✓	✓	✓	✓	☐	☐	☐		Bank Holiday
Monday RSMC 6pm max 16	✓	✓	✓	✓	☐	☐	☐		Bank Holiday
Monday RSMC 7pm max 16	✓	✓	✓	✓	☐	☐	☐		Bank Holiday
Monday HCS 6pm max 18	✓	☐	☐	✓	✓	✓	☐		Bank Holiday
Monday HCS 7pm max 18	✓	☐	☐	✓	✓	✓	☐		Bank Holiday
Monday SGSC 6.30pm max 12	✓	✓	☐	☐	✓	✓	☐		Bank Holiday
Monday SGSC 7.30pm max 12	✓	✓	☐	☐	✓	✓	☐		Bank Holiday
Tuesday RVH 9.30am max 12	✓	☐	☐	✓	✓	✓	☐	☐	
Tuesday RSMC 9.30am max 17	✓	☐	☐	✓	✓	✓	☐	☐	
Tuesday RSMC 5.45pm max 16	✓	☐	☐	✓	✓	✓	☐	☐	
Tuesday RSMC 6.45pm max 16	✓	☐	☐	✓	✓	✓	☐	☐	
Wednesday RSMC 9.30am max 16	☐	☐	✓	✓	✓	☐	☐	✓	
Wednesday RSMC 10.30am PABC — max 16	☐	☐	✓	✓	✓	☐	☐	✓	
Wednesday RSMC 11.30am max 16	☐	☐	✓	✓	✓	☐	☐	✓	
Wednesday RSMC 6pm max 16	☐	☐	✓	✓	✓	☐	☐	✓	
Wednesday RSMC 7pm max 16	☐	☐	✓	✓	✓	☐	☐	✓	
Thursday HVH 10am max 11	✓	✓	✓	✓	☐	☐	☐	☐	
Thursday RVH 6.30pm max 13	✓	✓	✓	✓	☐	☐	☐	☐	
Thursday RVH 7.30pm max 13	✓	✓	✓	✓	☐	☐	☐	☐	
Thursday RSMC 7pm max 16	☐	✓	✓	☐	✓	☐	✓	☐	
Thursday RSMC 8pm max 16	☐	✓	✓	☐	✓	☐	✓	☐	
Friday RVH 9.30am max 13	✓	✓	✓	✓	☐	☐	☐	☐	
Friday OWH 9.30am max 16	☐	☐	✓	✓	✓	✓	☐	☐	
Friday OWH 10.30am max 16	☐	☐	✓	✓	✓	✓	☐	☐	
Friday HCS 5.30pm max 18	✓	☐	☐	✓	✓	✓	☐	☐	
Friday HCS 6.30pm max 18	✓	☐	☐	✓	✓	✓	☐	☐	
Saturday QVH 9.30am max 20	✓	☐	☐	✓	✓	✓	☐	☐	